



## Act One School of Drama

...because "All the world is a stage."

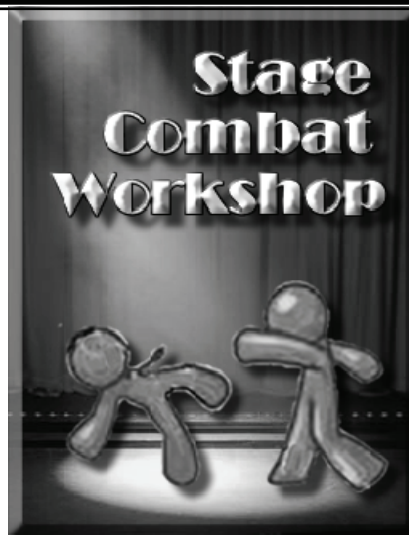
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# An Introduction to Stage Combat Techniques

## for Ages 14-18

### About the Workshop:

This workshop is intended to provide participants with core understanding of the general techniques that are most frequently used in theatrical and film productions today. Students can expect to learn how to realistically and safely perform a range of basic unarmed combat forms, such as: punches, kicks, slaps, pulling / pushing etc. Depending on the ability and progress of the students during the workshop, falls and throws may also be taught.

Participants are asked to wear or bring general physical rehearsal clothing (ie. similar to sportswear—track/sweat pants, t or sweatshirt, running / training shoes. No street clothes, street shoes or boots. Students wishing to do so will be able to change at the school.

In the interest of providing participants with as much individual attention as possible, this workshop will be limited to 20 participants. Registration is on a first-come, first-served basis. This workshop is also intended as the prerequisite for more advanced stage combat workshops planned for Winter 2010.

<b>Workshop Date:</b>	Sunday, November 29, 2009
<b>Time</b>	3:30-6:30pm
<b>Duration:</b>	3 hours
<b>Cost:</b>	Current Act One Student: \$50+GST Previous Act One Student: \$55+GST Non-Act One Student: \$60+GST
<b>Workshop Limit:</b>	20

### About the Instructor:

**Steve Wilsher** has been in the entertainment industry for 37 years. He works primarily as a stunt coordinator/performer, a theatre fight director and teacher of film and stage combat. Prior to coming to Canada he taught at the Royal Welsh College of Music and Drama, Cardiff for sixteen years, he also instigated the combat courses at The Friars Gate, Exeter and the Oxford Drama School, he has also taught guest lectures or examined at all of the major drama schools in the United Kingdom.

His career includes approximately 400 credits in film, television and theatre. He is a Master Instructor with the Academy of Dramatic Combat and Fight Master with the British Academy of Dramatic Combat, a member of the Canadian Actors Equity Association Fight Directors register, The Society of Canadian Fight Directors and ACTRA.

Some of the companies that he's worked for are the BBC, S4C Television and Channel 4 Television, Discovery Channel, Space Channel, MTV, Disney, Thames Television and HTV as well as The English Shakespeare Company, Mirvish Productions, Canadian Opera Company and Souleppper Theatre Company. He also teaches stage combat and Fighting for Film and Television at Ryerson University and Humber College, along with a wide range of more specialized and advanced training in hand-to-hand and weapons combat.

### About the School:

The Act One School of Drama has operated in Pickering for over 16 years. It's goal is to offer a challenging and supportive learning environment for students of all ages to enjoy the discovery and pursuit of drama, in all its forms. We strive to provide creative and theatrically-inclined Durham Region youth with local opportunity to gain experience and understanding in both general and more specialized acting and performance areas.

The Stage Combat workshop reflects part of our ongoing efforts to bring previously unavailable advanced theatrical and acting training opportunities to Durham area drama students, thereby allowing them to enhance and augment their existing skills and experience in an inexpensive, local theatrically-focused setting.

